



# Tidewater Lactation Group

Ph (757)422-5502 Fax (757)455-8055

## 3 Easy steps to get a breast pump covered!

- 1- Provide eligible mother with prescription
- 2- Give her our order form to fill out and sign
- 3- Mom sends in both forms and will receive her pump directly in the mail.

### Who is Eligible?

All TRICARE-eligible female beneficiaries with a birth event. A birth event includes a pregnant beneficiary or a female beneficiary who legally adopts an infant and intends to personally breastfeed.

You can get these items before or after delivery.

\*Mother must not have any other insurance to be eligible through Tricare.

### What do I need to put on the prescription?

- 1- Mothers Name
- 2- Mothers DOB
- 3- Diagnosis Code of Z39.1 (ICD-10)
- 4- Specify “Electric Breast Pump” E0603
- 5- Signature of authorized Physician, PA, NP or CNM
- 6- Stamp of name of the person who is authorizing.

### What does Tidewater Lactation Group Offer?

- 1- We are a DME for Tricare so there is NO out of pocket expense to eligible moms for anything
- 2- We offer PREMIUM pump choices.
- 3- We can ship anywhere, including APO/FPO's.
- 4- We are FAST!

**5- WE MADE IT SIMPLE!**  
(you're welcome)